

# Warrior pride

Chenango Valley Central School District  
February 2014

## Message from the interim superintendent



David Gill  
Interim Superintendent

Dear CV community,

Thank you to all who came out to vote on our CV-CF consolidation referendum. Although it was defeated, rest assured that we will continue to work collaboratively with the CF school district to investigate cost-saving measures.

The study brought to light many different areas that will be helpful in future conversation. It's important to remind our

community that we have consolidated many services in order to reduce costs and increase efficiency. Our local Broome-Tioga BOCES (Board of Cooperative Educational Services) is designed for just these purposes. CV utilizes BOCES for a variety of cost-saving services such as aspects of our computer services, food services and business office functions, to name a few.

As we head into February and March, we will begin developing and presenting our 2014-2015 school budget for your consideration. We will await New York State's budget and the implications it will have on us locally. We will continue to be mindful of our taxpayers by maximizing our resources to maintain the sound educational programs that have been cornerstone of our district. Our highest priority is to ensure that our students are ready for their future after Chenango Valley.

Recently, one of my daughters reminded me of something that I think we can all learn from. As I continued to discuss with her on a regular basis the goals she has set for herself and the progress she has made, she interrupted and said "Dad, I will figure it out! You and Mom have given me what I need to know to be successful. Now it is my turn to figure out what that means for me. Trust me!" I was floored! Not by her interrupting me, but by the mature, insightful, and intelligent understanding she was exhibiting. We as parents and the educational community can do all we can to support our children but ultimately, it is up to them to "figure it out" and develop into the people they are

see "Message," page 4

## "Drums Alive" provides fast, fun learning at Chenango Bridge

Math skills incorporated into drum sessions



Students at Chenango Bridge Elementary are drumming while doing math as part of their physical education class with Mrs. Price. Using a program called "Drums Alive," Mrs. Price has her students drumming on exercise balls in patterns set to music.

Drumming has shown to improve physical, psychological, emotional and social health, boost the immune system, alter the body's response to stress and much more. Organizers of the national movement also claim drumming can strengthen bones and muscles, improve flexibility and improve muscle tone and coordination of the arms, shoulders and hands.

The program utilizes "Mathematics in Motion" to incorporate math facts into interval drumming exercises to enhance learning. During a typical Drums Alive class, the students are not only aerobically drumming to music but are reinforcing the math facts in a fun and creative way. The advantages are twofold: students receive a fitness benefit and at the same time improve their math skills. For more Drums Alive photos, see page 9 of this newsletter, and visit our website: [www.cvcasd.stier.org](http://www.cvcasd.stier.org) and click on "Photo Galleries."

March 7, 8, 9  
Chenango Valley High School



see page 2

Chenango Valley High School Theatre Guild  
presents



**March 7-8-9**  
**Friday & Saturday: 7:30pm**  
**Sunday: 2pm matinee**  
**Chenango Valley HS Auditorium**  
**\$10 adults**  
**\$8 child/student/senior (62+)**  
 All tickets are for reserved seating.  
 Tickets can be purchased at the door.

**To reserve tickets: Complete form below & mail with payment**

Enclose a self-addressed stamped envelope with your order if you would like your paid tickets mailed to you. Otherwise, tickets will be held at the box office until 15 minutes before show time the day of the performance. We will not be honoring refunds the day of the show.

For additional information, go to <http://cvtheatertkts.webs.com>

Mail to: Michelle Thornton/Tickets, 15 Calgary Lane, Binghamton, NY 13901

By email: [cvtheatertkts@aol.com](mailto:cvtheatertkts@aol.com) By phone: 204-0541



**Please make checks payable to: CV SCHOOLS**



Name \_\_\_\_\_ Phone or email \_\_\_\_\_

- I am enclosing a self-addressed stamped envelope
- Please hold tickets for pick up by 15 minutes before show time

Friday, March 7 at 7:30pm	Saturday, March 8 at 7:30pm	Sunday, March 9 at 2pm matinee
RESERVE TICKETS	RESERVE TICKETS	RESERVE TICKETS
____ @ \$10 ea. Adult	____ @ \$10 ea. Adult	____ @ \$10 ea. Adult
____ @ \$8 ea. Child/student	____ @ \$8 ea. Child/student	____ @ \$8 ea. Child/student
____ @ \$8 Sr. citizen (62+)	____ @ \$8 Sr. citizen (62+)	____ @ \$8 Sr. citizen (62+)
____ TOTAL TICKETS ORDERED	____ TOTAL TICKETS ORDERED	____ TOTAL TICKETS ORDERED
____ TOTAL AMT. ENCLOSED	____ TOTAL AMT. ENCLOSED	____ TOTAL AMT. ENCLOSED

**CV District News**



Gerald Abbey  
Board President

**A message from the Board of Education president**

I would like to begin by acknowledging the tremendous voter turnout we experienced for the recent merger vote. I arrived at 8:45 p.m. that evening and was among the many residents who waited 45 minutes or longer to vote.

The vote itself -- 972 for the merger, 903 against -- was interesting to say the least. I am pleased that everyone had their say on such an important issue.

With that being said, many of you may be wondering where we go from here.

First, we will be making a decision on the superintendent's position in the very near future, so stay tuned. After that hire has been made, we as a board will be working with our superintendent and the rest of the administration to prepare our budget for the 2014 -15 school year.

As with every budget, we will endeavor to be respectful to the district taxpayers as well as the needs of our students, and we will propose a budget that best accomplishes both goals. Also, we will be working on a capital improvement plan that will include upgrades to Port Dickinson Elementary school and our other sites. We will begin the process of developing plans for the Depot land that was donated to the district a few years ago by the federal government.

In closing, I would like to put the merger talk behind us for now and focus on Chenango Valley and what we can accomplish as a district. In the future, if another merger or sharing services with another district is proposed, rest assured that the Chenango Valley Board of Education and the administration of the district will again look at all proposals with an open and objective mind.

**Visit BC Sheriff's Department site for email alerts on sex offenders**

In order to reduce printing and mailing expenses, CVCSD will no longer be mailing sex offender notification letters home to parents. However, if you would like to receive information on registered sex offenders living in, or moving into, your neighborhood, we encourage you to register with the Broome County Sheriff Department's *Offender Watch* program.



*Offender Watch* is a free email alert system that will send you a message if a new offender registers an address within the specified radius of any address you register. You may confidentially register as many Broome County addresses as you wish. *Offender Watch* is updated instantaneously throughout the day as offender information is updated with the sheriff's office. Since offenders tend to move frequently, *Offender Watch* is the best way to stay informed.

The Broome County Sheriff Department's website enables you to search for registered sex offenders currently living in your neighborhood. The website also offers safety tips and other useful information.

To register for the email alert system, visit: <http://www.sheriffalerts.com/> and select NY state, then Broome County. Select "Register for Email Alerts" from the top menu bar.

To search for registered offenders living in your neighborhood, select the "Search" button to the left of the "Register for Email Alerts" button in the top menu bar. Enter your address, and a map pinpointing the addresses of registered offenders will display.



## CV District News



A babysitter's training class will be held from 9 a.m. to 4 p.m. Saturday, March 15, 2014 at Chenango Bridge Elementary in the cafeteria. The class is for students ages 11 to 15, and will be taught by Mrs. Price and Mr. Frayer.

The class includes hands-on activities, videos, role-playing, take-home training materials, and discussion. Students will learn how to perform basic child-care skills, choose age-appropriate games and toys, handle bedtime and disciplinary issues, identify safety hazards, care for injuries and emergencies, communicate with parents, plus how to find and interview for babysitting jobs.

The cost of the class is \$75, which includes a babysitter's training certificate, a book, and CD-ROM from the American Red Cross. Participants are asked to bring a bag lunch and snack for the day.

Space is limited, and registration is required. E-mail Mrs. Price at [tprice@cvcasd.stier.org](mailto:tprice@cvcasd.stier.org).

### "Message," from the cover

meant to be. The Chenango Valley community has raised and supported many successful people. Many are now parents and grandparents, relatives, friends or neighbors to the current generation of young students. Working together and supporting each other, let's always remember the motto of our school – Believe it! Achieve it! Where Warriors Excel! – and with your help, we will continue to provide a sound education and safe community needed to raise these important children!

Stay warm...spring is on the way!

## Computer lab facilitates learning, collaboration & skill-building



In a collaborative effort to help students practice persuasive writing techniques, students in Mrs. Allen's English 8 classes worked on a persuasive brochure project with assistance of Mr. Ruf, MS/HS librarian, and Mrs. Pierce, MS computer lab aide. Using Pro/Con Debates, a feature of the Grolier Online Database, students researched controversial topics and used Microsoft Publisher to create persuasive brochures supporting their viewpoint on their chosen topic. These skills are part of the New York State Common Core Curriculum for English 8.

The AIS classes of Mrs. Conklin and Mrs. Bigelow worked on improving fluency in order to prepare for the rigors of the Common Core reading assignments. While in the MS computer lab, students selected an online article of interest from Scholastic's *SCOPE*, a language arts magazine. Using microphone headsets, students read aloud and recorded their voices using Photo Story 3 for Windows software. They were then able to listen to their own voices, noting their speech, enunciation, clarity and timing. Once their audio project was complete, the students played it back to an audience of their peers.

Integrating art and technology, the computer lab became an art room for several days for Ms. Krawczyk's Art 7 classes. Students worked on a portrait-drawing project using the digital art software Corell Painter IX, with Mrs. Pierce assisting. Using a photo of themselves taken by the teacher, students sketched a realistic self-portrait using the software and then used it to create an abstract piece of art. This was inspired by Pablo Picasso's cubist work. Using the color wheel to select colors, students used tints and shades to show changing values. Value is an element of art that shows a color's range of light and dark. Students learned various drawing techniques, artistic styles, painting techniques and the history of cubism, as well as being introduced to a graphic design program.

The lab is used as an alternative classroom when integrating technology into lessons. It is open to all students doing class work during study hall and 10<sup>th</sup> period.

## CV District News

### Curriculum Corner



It has really been a transitional school year for students, teachers and administrators with the implementation of the Common Core Learning Standards.

With all the shifts in ELA and math, our students and teachers are making the best of this challenging curriculum, taking steps towards proficiency and mastery.

Here at Chenango Valley, we take pride in offering our teachers the latest professional development in our region, so they can return to the classroom and deliver best practices to our students. Our teachers have been involved in a variety of math and ELA offerings aimed at differentiating instruction and helping students becoming more in-depth thinkers and more intentional readers through "close reads."

Close reading is a practice that all students, pre-K through adult, can participate in at home. Choose a short passage, a chapter from a novel or book, a paragraph, a sentence or even a picture. Choose texts that are not too lengthy. Have your child read the text or look at the picture independently, then help him or her answer some of the questions below:

- What is the author's intention or what does the author want us to know, understand or take away from the text?
- How do we know what the author is trying to say? What evidence from the text or picture supports our claim?
- What do one or two key vocabulary words in the text mean? Choosing one or two vocabulary words in any text and figuring out their true meaning, definition and/or the author's intent is usually very insightful.

Taking the time to dig deep to find the author's message can be an enriching and fun activity for the entire family. By choosing short texts or passages, children can re-read the text to answer the questions. For young learners, looking at a picture and asking some lower-level questions such as who, what, when, where and how, using evidence from the picture is a great foundation for a lifelong skill.

With all the academic rigor and challenges of the school year, don't miss out on some upcoming fun! Last year, we had our first annual CV Math Night. The community response to this fun-filled night focusing on mathematics was unbelievable. Mark your calendars for our second annual Math Night, February 26 from 6:30 to 8 p.m. in the Middle School gymnasium. Our staff is working hard to organize all sorts of games, technology and hands-on math activities focused on pre-K through sixth-grade students. Don't miss out on this opportunity to show our students how fun math can be!

- Tara Williams Whittaker

Interim Director of Early Childhood and Literacy Pre-K-6<sup>th</sup> Grade



2nd annual CV  
**Math Night**  
Wednesday, Feb. 26  
6:30 - 8 p.m.  
Middle School Gymnasium



For pre-K - 6 students and their families, Math Night features hands-on activity stations throughout the gym, each designed to show children just how fun math can be!

Last year's Math Night was a huge success, with students enjoying the many games, crafts and math-related activities. This year's event will be even better! It's a great opportunity for parents to interact and have fun with their children in their school environment.

### Making the holidays brighter

Thank you to everyone who donated to our Holiday Giving Wreath/Tree program. Because so many donated generous gifts, personal time, and non-perishable food items, we were able to reach out to more families than ever this year. We couldn't have done it without you! Thank you to the following:

St. Mark's Episcopal Church, "Singles Above 70" club, Mrs. Keene and CB Student Council, the Beal Family, Hillcrest Rotary, High School Student Council, Middle School Student Council, Student Store, Inter-Active Group, PTSA, CV 7<sup>th</sup> & 8<sup>th</sup> grade Girl Scout Troop, Big Gifted Give Program and organizers, and several anonymous donors.

Thank you also to the CV custodial staff for helping move all those heavy boxes! And a special thanks to the many CV students, faculty and staff members, and community residents who were kind enough to take a tag from the "Giving Wreath/Tree". This program would not exist without all of you and your generosity.



## Guidance News

### College Program for Juniors & Parents

Tuesday, March 25 - 6:30 p.m. - Middle School Cafeteria

The High School guidance department will provide an overview of the college selection process on Tuesday, March 25 at 6:30 p.m. in the Middle School cafeteria. This program is for juniors and their parents and will cover many important topics.

#### Topics to be discussed

- When should I apply?
- Should I visit the college first?
- Should I consider a two-year or four-year school?
- Do I want to stay in the area or go away to school?
- Online college applications
- How do I apply for financial aid?
- College recommendations
- Do I need to decide on a major now?

We hope to see all juniors and their parents at this important and informative program.

- Chuck Purce, Director of Guidance



## CV Food Pantry



The recently-established CV Food Pantry is yet another reminder of the many ways our community cares. The pantry is currently well-stocked, thanks to the recent support of the following organizations:

- Hillcrest Rotary
- Girl scout troop 482
- SADD
- local girl scout service unit
- anonymous donators

Thank you for your generosity!

## Course scheduling 2014-2015: Information for parents

It is the time of year when guidance counselors work with your children on class schedules for the 2014-2015 school year. We have been meeting with students individually since October to complete their planning sheets.

The scheduling process includes taking all students to the computer lab where a presentation and overview of options are covered. Students will all have a copy of their planning sheet and will add their classes online. We plan to inform parents of the courses their children selected by including a copy of the planning sheet in either a five-week report or quarter report card. Please encourage your son or daughter to bring this home.

One common theme covered in planning is available course options. We encourage our students to take challenging courses and consider how their choices will benefit them in the college selection process and in life.

If you have a question about the courses your child selected, please feel free to call our office at 762-6918. We thank you for your support and look forward to hearing from you.

- Judy Hayes, HS counselor

## Guidance News

### Homework matters!

If there is one thing your child will learn in middle school, it is that homework completion is extremely important and has a major impact on grades. If your son or daughter's progress report wasn't quite what you had hoped for, the first step is to find out if they have been turning in their homework assignments. A simple phone call or e-mail to the teacher or counselor will give you this information.

Middle school-aged kids often want more freedom from their parents and say that they don't need or want your supervision over their school work. Our response is that this freedom must be earned. Until your child shows that he/she will complete and turn in their homework on a regular basis, parent supervision is needed. Here are a few steps to take to help your child learn responsible homework habits:

- Check your child's agenda daily. Remember that you can call the homework hotline to make sure they have written down all of their assignments.
- Make sure your child has a quiet place to study without distractions.
- Provide encouragement and assistance if needed, but don't do the assignment for them. Your child needs practice using problem-solving skills. It's okay to give hints, but students need to figure out the answers for themselves.
- Look over their assignments and ask questions about what they are studying. Show an interest in what they are learning.
- Encourage students to study a little each night for upcoming tests. They will be much more likely to remember the information than if they wait until the night before the test.
- Praise your child for working hard and completing assignments. Try to stay positive and give constructive advice rather than criticizing.
- If your child is absent, please call the homework hotline for missed work. If extended absences are anticipated, call the guidance office in the morning to request homework. It will be available for pick-up at the end of the school day.
- Keep in touch with your child's teachers and contact his/her counselor if you need more help. Sign-up for Parent Portal to get access to your child's grades and attendance, and contact the guidance office for more information.

- Shelby Samson, MS counselor

### Record number of CV seniors attend career academy



18 seniors -- a record number for CVHS -- are currently participating in the New Visions Career Academy after being accepted into this highly competitive program. Acceptance into the program involves proven academic performance, a written application and personal interview.

New Visions offers an opportunity for highly motivated, academically successful high school seniors to channel their interest in the fields of health care, education and human development, law and government, engineering, business or energy technologies.

This is a half-day program held at Binghamton University, Lourdes Hospital, Lockheed Martin and the County Office Building. Through applied academics, New Visions students earn college credits for senior-level English and Public Policy/Economics. In the afternoon, the students return to CV to take other advanced and college courses.

The primary goal of New Visions is to enrich and enhance the student's senior year. Through integrated academics and hands-on experience, academy students get a valuable step ahead toward a rewarding career.

Congratulations to the following New Visions seniors:

#### Education Academy

Miranda Currier  
Michael Spena

#### Energy Academy

Brian Pert

#### Engineering Academy

Calahan Jones  
Sarah Kellogg  
Julie LeVonne  
Matthew Personius

#### Health Academy

Margaret Galatioto  
Jennifer Kipp  
Denae Moyer  
Antonina Poplawski  
Madeline Staiger  
Mehmed Talovic  
Almasa Talovic

#### Law & Government Academy

Allison Doyle  
Maria Giuranstane  
Bailey Hoadley-Brown  
Corrine Muccio

*Honor Roll*

**Grade 7**

**Honor Roll**

Alia Arnold  
Tyler Benedict  
William Blewett  
Destiny Bowers  
Alyvia Brown  
Audrey Calica  
Ethan Cooper  
John Corbin  
Na'Kya Cotten  
Sophie Crandall  
Rachel Cron  
Katie Doan  
David Dodson  
Darin Dupuy  
Joshua Fendick  
Dylan Ferry  
Shane Follette  
Kaitlyn Guelzow  
Grace Harrington  
Mary Hibbard  
Macklyn Hogan  
Brady Hope  
J-Lah Jackson  
Nathan Klein  
Travis Kraack  
Tyler Lamando  
Sarah Lamoreaux  
Nathan Lehr  
Thomas Love  
Kendyll McMahan  
Baylee Merrill  
Michael Mettler  
Diamond Ming  
Nathan Mosher  
Cody Nagle  
Nicholas Norton  
Caitlyn Pierce  
Hannah Profitt  
Kayla Ranucci  
Rebekah Ray  
Jeremiah Reynolds  
Haley Risoli  
Ashley Rogers  
Nicholas Roser  
Jayna Ross  
Harley Sarvey  
Madisyn Savage  
Stefani Schmidt  
Tori Schreiber  
Daniel Schuldt  
Rowan Sherrick

Devin Skogfeldt  
Ryan Spence  
Taylor Trout  
Joshua VanBarriger  
Mikayla Warner  
Morgan Wart  
Angelina Williams

**Grade 8**

**Honor Roll**

Ty Abell  
Cameron Ashman  
Amathyst Baker  
Alyssa Benninger  
Webb Botting  
Anthonie Brito  
Madeline Broderick  
Patrick Buchinsky  
Riley Buckland  
Tameira Card  
Benjamin Cease  
Rebekah Courtright  
Brianna Dayton  
Sarah Dorn  
Dominic Francavilla  
Cora French  
Stephen Gehm  
Marlaina Giurastante  
Cassidy Golden  
Jenna Hanyon  
Mark Inzhirov  
London Jeter  
Elizabeth Kimble  
Matthew Klein  
Kristapher Lindsey  
Isabella LoVuolo  
Kaitlyn Mach  
Zackary MacLaren  
Delany McDonald  
Ryan Mellen  
Emily Monk  
Megan Proutey  
Jackson Retzlaff  
Jessica Riegal  
Craig Salzman  
Jocelyn Schell  
Christofer Schmits  
Mackenzie Showers  
Chace Snyder  
Tara Terpstra  
Tori Testani  
Joseph Testani  
Emily Velez  
Benjamin Venuti  
Jacob Willis  
Julianne Worden

**Grade 9**

**Honor Roll**

Alexis Brito  
Martin Buchinsky  
Mark Burchett Jr  
Eric Castellucci  
John Cemay  
Alexis Comparetta  
Kaylin Cooley  
Kyle Corey  
Victoria DiRienzo  
Sean Dundon  
Samantha Ferry  
Emily Friends  
Samantha Hardee  
Nicole Heatherman  
Megan Heifferon  
Andrew Hogan  
Morgan Jamieson  
Savanah Judd  
Tessa Kaepplinger  
Casey Lorenc  
Joseph Maerkl  
Nicholas Marinaro  
Tyler Mosher  
Bailey Reardon  
Tyler Sanderhoff  
Austin Smith  
Tyler Smith  
Carter Welch  
Jeremy Whitney  
Jeffrey Worden

**Grade 10**

**Honor Roll**

Stephen Aylward  
Tanner Beagell  
Robyn Bremer  
Kyle Briggs  
Allison Button  
Abigail Carr  
Rebecca Chamberlain  
Sarah Chandler  
Jenna Conrow  
Austin Crissman  
Audrey DeLarco  
Michael Distin  
Rohit Duggal  
William Eccleston  
Chelsi Evans  
Amber Falcheck  
Sarah Fernald  
Jessica Fitzgerald  
Kayla Guth  
Gavin Jackowski

Briana Kellar  
Nicholas Mace  
Mallory Mailen  
Cydney Mallery  
Suehaidee Masso  
Chase Page  
Bailey Raker  
Emily Schmits  
Abigail Snyder  
Kevin Taylor  
Veronica Wickwire  
Adisa Zukic

**Grade 11**

**Honor Roll**

Victoria Austin  
Gabrielle Becker  
Anna-Marie Betkavsky  
Jordan Broughton  
Megan Broughton  
Gavin Brown  
Madison Cline  
Benjamin Daniels  
Danielle Forbidussi  
Shantel Francis  
Alexandra Gee  
Casey Gorman  
Kaleb Green  
Christian Hart  
Chelsea Henige  
Michaela Hensel  
Jacob Hertzog  
Alexis Hitt-Warner  
Cooper Holmes  
Timothy Johnson  
Harold Jones V  
Charles Kane  
Courtney Kushner  
Tobias Lanfear  
Casey Leadbeater  
Katelyn Lewis  
William Liberati  
McKenzie Lynch  
Emmanuel Maciak  
Noah Manzer  
Logan McDonald  
Elma Muric  
Breanna Nowetner  
Michael O'Neil  
Abigail Palmer  
Dale Paulhamus Jr  
Dominick Potter  
Kyla Pruitt  
Sarah Raichlin  
Daniel Reppard

Kayla Robinson  
Brittany Rose  
Kolby Ross  
Zachary Skinner  
Caroline Smith  
Megan Subik  
Alaena Sullivan  
Zachary Tripp  
Nicholas Venuti  
Ashton Visconti  
Sarah Volk  
Courtney Wood  
Amanda Zeggert

**Grade 12**

**Honor Roll**

Chantel Adams  
John Anderson Jr  
Gavin Ashman  
Bethany Bertram  
Shane Callan  
Ryan Corey  
Nathan Cower  
Thomas Dundon  
Amer Dzaferovic  
Adam Ellenberger  
David Ellenberger  
Tasha Empet  
Jason Fehr  
Juvelee Finch  
Kayla Galusha  
Devon Harris  
Samantha Johnson  
Chantelle Judd  
Mikayla Kilts  
Jacob Raichlin  
Shane Robinson  
Karoline Ross  
Adrienne Scala  
Kelsey Smith  
Natalie Spear-Meade  
Matthew Waskie  
Olivia Wickham

**Grade 7**

**High Honor Roll**

Catherine Ashman  
Alexa Attleson  
Sara Bozuhoski  
Eric Brom  
James Bush  
Ellis Cleveland  
Tara Crissman  
Shane Culver  
Faith Fassett  
Kayla Ferris  
Sabrina French  
Hannah Frey  
Christy Hanson  
Jacklyn Hardler  
Kaitlyn Hardler  
Ryan Houseknecht  
Morgan Jones  
Jeremy Kellam  
Brittany Kropp  
Edward Kuklo  
Natalie Lehr  
Andy Li  
Marina Maerkl  
Marc Marion  
Jennifer McLaughlin  
McKenna Miller  
Angelo Montemagno  
Hallie Morgan  
Elizabeth Morton  
Leann Mulligan  
Carly O'Brien  
Hunter O'Connor  
Madison Perrault  
Taylor Potenziano  
Alexis Randis  
Kathrine Regan  
Jeffrey Rice  
Mackenzie Rios  
Marrissa Rogers  
Breanen Rought  
Lucas Scott  
Erin Skinner  
Calista Smith  
Mallorie Turner  
Peyton VanSoest  
Kara Watson  
John-Paul Webster  
Bryanna White  
Caitlin Whiting  
Carter Wilson  
Katelyn Wood  
Brianna Yang  
Camryn Zaic

*High Honor Roll*

**Grade 8**

**High Honor Roll**

Kiana Archer-Cronk  
Addelynn Bixby  
Alaina Carman  
Natalie Ehrensbeck  
Maria Forbidussi  
Patrick Giblin  
Owen Gillette  
Christina Gladhill  
Molly Grady  
Hannah Grunder  
Abigail Hamilton  
Elaine Hamilton  
Mia Hause  
Peter Jensen  
Ian Keldon  
Brenna King  
Kayla Lopez  
Lauren Marble  
Lian McGuane  
Grace McManus  
Jonathan Miller  
Emma Moore  
Russell Nelson  
Morgan Odgers  
Matthew Pecha  
Linsey Reardon  
Jacquelyn Ruf  
Roy Santa Croce  
Kathleen Schultz  
Noah Seidel  
Kelly Smith  
Anna Stacey  
Madison Stockmaster  
Noah Stroka  
Keira Strong  
Kelly Thompson  
James Wyatt

**Grade 9**

**High Honor Roll**

Cameron Auchinachie  
Nicole Blance  
Bradley Blewett  
Zachary Carr  
Kit Cheng  
Matthew Cole  
Chandler Courtright  
Andrew Cronin  
Kevin Hammond  
Zoe Hause  
Nathaniel Hopper  
Nathan Marble  
Garrett Miller  
Alexis Phillips

★ **Grade 9 Honors  
With Distinction**

Shai-ana Bess  
Sean Corey  
Emma Crooks  
Jessica Feyler  
Mariah Galli  
Shannon Giblin  
Kevin Grady  
Robert Gross  
Karl Grunder  
Samuel Hatton  
Matthew Igo  
Jessica Kellam  
Brandon Kipp  
Hollis Krisko  
Gunnar Madison  
Daniel Norris  
Spencer Peters  
Lauren Rice  
Mikayla Rogers  
Spencer Root  
Meg Rossie  
Mackinaw Shutt  
Kesondra Stafford  
Sarah Trick  
Aaron Trumino

**Grade 10**

**High Honor Roll**

Mark Gallo  
Abigail Lane  
Mark Mullins  
Nicholas Pert  
Emma Yannuzzi

★ **Grade 10 Honors  
With Distinction**

Rudy Cen  
Erin Culver  
Ethan Elliott  
Michaela Gay

Jack Riegal  
Brendyn Savage  
Rachel Seifert  
Elizabeth Selby  
Chad Simmons Jr  
Christopher Singleton  
Cameron Smith  
Lindsay Thornton  
Christopher Vegiard  
Charles Wilkins  
Kimberly Winans

**Grade 11  
High Honor Roll**

Brenda Barry  
Jared Cornell  
Ruth Crissman  
Rachel Fadden  
Reed Grunder  
Connor Harvey  
Tess Hatton  
Kyra Heatherman  
Rhianna Henson  
Juliet King  
Rebecca Mach  
Colton Miller  
Victor Mulligan  
Valerie Nguyen  
Stephanie Orzelek  
Jacob Rossie  
Amber Wallach

★ **Grade 11 Honors  
With Distinction**

Jenna Decker  
Luke Dionne  
Emily Hammond  
Trevor Hope  
Kristen Igo  
Sonja Jensen  
Caitlin Mellen  
Oliver Mohr  
Julia Peters  
Olivia Trumino  
Zachary Wyatt  
Kaitlyn Yurenda

**Grade 12  
High Honor Roll**

Kelly Bakker  
Brian Ball  
Zachary Cole  
Taylor Hayes  
Bailey Hoadley-Brown  
Brandy Illsley  
Tristan Mace  
Damiana Mellen  
Gabrielle Mellen  
Allison Miller  
Sarah Munson  
Victoria Pipher  
Nyasia Rice  
Catherine Schaum  
Nicholas Schuldt  
Emma Snyder  
Ashleigh Weir

★ **Grade 12 Honors  
With Distinction**

Rebecca Belo  
David Bremer  
Caitlin Crisman  
Miranda Currier  
Hannah Elliott  
Courtney Fitzgerald  
Margaret Galatioto  
Maria Giurastante  
Rachel Guth  
Natalie Hawkes  
Emily Heifferon  
Calahan Jones  
Sarah Kellogg  
Jennifer Kipp  
Julie LeVonne  
Denae Moyer  
Corrine Muccio  
Matthew Personius  
Bryan Pert  
Antonina Poplawski  
Monika Roznere  
Michael Spena  
Madeline Staiger  
Almasa Talovic  
Mehmed Talovic  
Courtney Tester  
Mikayla Torrey  
Kayla Truxal



# Athletics

## Modified wrestling excels on the mat

The modified wrestling team has a combined record this season of 98 wins and 39 losses. The team currently has seven wrestlers who each have only one loss: Derek Goga, Justin Markoff, Nathan Aylward, Cameron Lockwood, Nathan Lehr, Brady Hope and Zach Sarvey. Other team members who have also had success this season include: Steven Gehm, Devin Skogfeldt, Shane Follette, Mike Mettler, Jacob Shoemaker, and Elijah Williams.

## Varsity wrestlers compete

The varsity wrestling team has competed in a number of tournaments this season with great individual success. The following are the events and placing for CV wrestlers:

### Walton Tournament (14 teams):

- 1st Caleb Wiggins
- 2nd Jake Lehr
- 2nd Reed Grunder
- 2nd Anthony Colon
- 3rd Robert Woodward
- 4th Steve Aylward

### SUNY Oswego Tournament (25 teams):

- 2nd Anthony Colon
- 5th Jake Lehr
- 9th Caleb Wiggins
- 10th Brandon Lockwood

### Unatego Tournament (19 Teams):

- 1st Caleb Wiggins
- 2nd Jake Lehr
- 3rd Anthony Colon
- 4th Reed Grunder
- 5th Robert Woodward

## Spring sports physicals

Physicals for the 2014 spring sports season will take place in February and March.

A green sports form must be completed for each sport season for all athletes regardless of physical status.

Parents, please watch for this form to come home with your student-athlete. Please complete the health history, sign the form, and have your student return the form to the health office NO LATER THAN February 13 for JV/varsity and February 27 for modified.

If you have any questions, please contact Amy Frost, RN or Kim Riquier, RN in the High School/Middle School health office at 762-6912 or 762-6911.



## Lifeguard Training/First Aid Review offered by Chenango Valley

Chenango Valley CSD will be offering an American Red Cross Lifeguard Training class February 13 - 26, 2014. Course topics include lifeguard training, waterfront lifeguarding, CPR/AED for the professional rescuer, and first aid. Students must pass a pre-test.

The cost of the course is \$175. Instructors are Mr. Frayer & Mrs. Price. To register for the class, please contact Mr. Frayer at 762-6929 or by e-mail: cfrayer@cvcscd.stier.org.



### Class Schedule:

- Thurs. 2/13 - 2:20-3 p.m. (water pre-test)
- Tues. 2/18 - 3-5:30 p.m.
- Wed. 2/19 - 3-5:30 p.m.
- Thurs. 2/20 - 3-5:30 p.m.
- Fri. 2/21 - 2:30-5:30 p.m.
- Sat. 2/22 - 10 a.m.-4 p.m.
- Mon. 2/24 - 3-5:30 p.m.
- Tues. 2/25 - 3-5:30 p.m.
- Wed. 2/26 - 3-5:30 p.m.

### CPR & Lifeguard Review classes:

CPR for the Professional Rescuer Review class Saturday, February 22 - 8:30 to 10 a.m. Class will be held in the HS library. Cost is \$40.

Lifeguard Training Review class Wednesday, February 26 - 3 to 5:30 p.m. Cost is \$80.

# The Arts

## Eight CVHS students named winners in Scholastic Art Awards

Eight CVHS students were recently selected as winners in the 2014 NY/PA Region Scholastic Art Awards program. In this prestigious program, 719 works were entered for adjudication and 178 received awards. An awards ceremony was held on January 26 at the Clemens Center in Elmira. Congratulations to:

Student	Artwork	Award	Teacher
Katherine Cheng	<i>Dare</i>	Honorable Mention, Drawing	Robert Zanot
Mark Gallo	<i>Trapped</i>	Honorable Mention, Ceramics & Glass	Andrew Fitzsimmons
Taylor Hayes	<i>Social Storm</i>	Honorable Mention, Mixed Media	Robert Zanot
Taylor Hayes	<i>Hummingbirds</i>	Honorable Mention, Painting	Robert Zanot
Chantelle Judd	<i>Feathers Lay Upon Pebbles</i>	Honorable Mention, Sculpture	Andrew Fitzsimmons
Monika Roznere	<i>Dali</i>	Honorable Mention, Drawing	Robert Zanot
Monika Roznere	<i>Self-Portrait</i>	Honorable Mention, Drawing	Robert Zanot
Adrienne Scala	<i>Containter</i>	Honorable Mention, Ceramics & Glass	Andrew Fitzsimmons
Adrienne Scala	<i>Small Jug with Cork</i>	Silver Key, Ceramics & Glass	Andrew Fitzsimmons
David Trudeauux	<i>David Trudeauux, CVHS</i>	Honorable Mention, Art Portfolio	Andrew Fitzsimmons
David Trudeauux	<i>Long Neck Vase</i>	Honorable Mention, Ceramics & Glass	Andrew Fitzsimmons
David Trudeauux	<i>Pot</i>	Honorable Mention, Ceramics & Glass	Andrew Fitzsimmons
David Trudeauux	<i>Silver Container</i>	Honorable Mention, Ceramics & Glass	Andrew Fitzsimmons
David Trudeauux	<i>Vase</i>	Silver Key, Ceramics & Glass	Andrew Fitzsimmons
Kayla Truxal	<i>Attack of the Octopus</i>	Honorable Mention, Sculpture	Andrew Fitzsimmons



Adrienne Scala working on the pottery wheel



David Trudeauux trimming his thrown container



Katherine Cheng with her classroom project, "Ice Skater"



Kayla Truxal with "Attack of the Octopus"



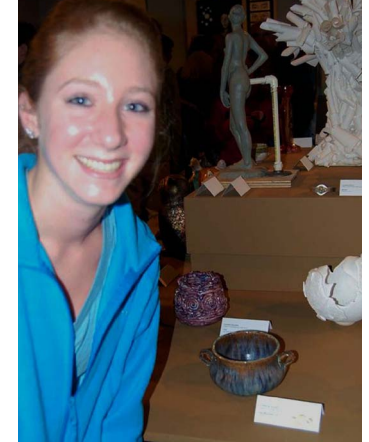
Monika Roznere working on a t-shirt design



Taylor Hayes with her painting, "Hummingbirds"



Mark Gallo working on his plaster torso



Chantelle Judd poses with some of her pottery pieces



# Music

Congratulations to our many talented musicians and vocal performers who were recently selected to All-County/All-State groups.

## Senior High All-State Band



Front, l-r: Sonja Jensen, Ruth Crissman, Caitlin Mellen, Damiana Mellen;  
Back, l-r: Christian Hart, Becky Belo

## Senior High All-State Chorus



l-r: Damiana Mellen, Jessup Lints, Almasa Talovic, Becky Belo,  
Ruth Crissman

## Senior High All-County Chorus



l-r: Abbey Lane, Rebecca Belo, Ruth Crissman, Kaitlin Lewis, Matthew  
Waskie, Damiana Mellen, Austin Crissman

# Music

## Junior High All-County Band



Front, l-r: Alexis Comparetta, Elaine Hamilton; middle: Rusty Nelson,  
John Paul Webster, Katie Schultz, Grace McManus, Jessica Feyler,  
Carter Wilson; back, Kyle Corey

## Junior High All-County Chorus



Front, l-r: Jacklyn Hardler, Jessica Feyler, Alexis Comparetta,  
Lindsay Thornton; back, l-r: Kelly Thompson, Hollis Krisko,  
Natalie Ehrensbeck, Jacob Weir

## Elementary All-County Band



Front, l-r: Logan Fetterman, Macaila Harlost; Back, l-r: Jim Hart, Melanie Nelson;  
not pictured: Teagan Nester

## Elementary All-County Chorus



Front, l-r: Rebecca Mercik, Owen Staub, Mikey Schultz; Back, l-r: Vincent Tatic,  
Brianna Chordas, Logan Fetterman, Kaylee Shannon, Jessica Taylor



## Elementary - Port Dickinson



Jim Pritchard, principal,  
Port Dickinson Elem.

Can you believe we are already at the middle of the school year? This year has been very busy with the Common Core. I would like to take the opportunity to thank our volunteers in the PTA who give so much of their time helping to support our curriculum and teachers. By bringing programs and activities, they help make our school special. Without their support, we would not be able to afford the programs that they bring into the building. Thank you for your time and dedication to Port Dickinson Elementary School.

I would like to congratulate the following students at Port Dickinson who were selected to win a prize in the Chenango Valley Reading Promise Contest. The children had to write and color pictures of books they had read. Nadia Wojcik, a third-grader, and Zachary Blaise, a kindergartener, each won a Nook. Garrett Anderson, a third-grader, was first runner-up, Vivian Bozuhoski, a first-grader, was second runner-up, while Sophia Bucci, a second-grader, was third runner-up. Each of the runner-ups won a gift certificate to Barnes and Noble.

February is our 'Heart Month,' and we are having many activities about the heart going on around school. PTA is hosting a visiting author, Mr. Eric Ode, for PARP, (Parents as Reading Partners) in February. Mr. Ode is a children's author, award-winning songwriter, and widely-published poet from Washington State. A former elementary teacher, Eric shares concerts, high-energy author visits, music and poetry assemblies, and writing workshops for schools. He is the author of *When You're a Pirate Dog and Other Pirate Poems* (Pelican); *The Boy and the Dragon* (Pelican); *Dan, the Taxi Man* (Kane Miller); *Sea Star Wishes: Poems from the Coast* (Sasquatch) and *Tall Tales of the Wild West and a Few Short Ones* (Meadowbrook Press). We will be having a Family Night on March 25 at Port Dickinson, in which Mr. Ode will be presenting some of his work. There will also be activities that the children will be able to do.

Remember, spring can be a very busy time of year with a variety of events happening at school and at home. Make sure that children remain on a schedule and get to bed at a reasonable hour. As always, if you have a question or concern, please feel free to contact the school or send us an email.

- Jim Pritchard, PD principal

## Reading Promise winners

Students were asked to write an essay describing the "promise book" they read, and describe why their reading promise time is special to them. They were also asked to include an illustration from their book.

Congratulations to our winners, pictured at right: l-r, Zachary Blaise, K, winner of a nook, Vivian Bozuhoski, grade 1, winner of a gift card, Sophia Bucci, grade 2, winner of a gift card, and Nadia Wojcik grade 3, who won a nook. Missing from the photo is Garrett Anderson (grade 3) who won a gift card.

Keep reading, everyone!



## Noisy cans collects cash

Over \$396 was raised in the Port Dickinson Elementary School's "Noisy Can Collection" to benefit the Chenango Valley Food Pantry. Students brought in their coins to toss in the collection can and then shake it up to create some joyful noise.

CVHS Social Worker Jackie Arnold visited the school to collect the donation and thank the students for their generosity.

Many thanks to students, parents and staff members who helped make the collection a success. Your donations will help needy families in our community.



## Chenango Valley Kid's Night Out League

Chenango Valley Softball is hosting a "Kid's Night Out" League, a recreational league where attendees will participate in contests such as kickball, relay races, broom ball, pillow polo and more. Coaching and team-building will be provided by Chenango Valley varsity softball players. Each participant will receive a t-shirt, and a pizza party will be held on the last night.

- **Open to 4- and 5-year-old boys and girls**
- **Chenango Valley High School gym**
- **Thursday, February 27 – March 27 (possibly April 3; depends on softball)**
- **Pizza Party on April 3 at 7:30 p.m.**
- **Cost \$25 for CV resident/ \$35 for non-resident**
- **All proceeds benefit Chenango Valley Softball**

There will be two sessions each week and each team will play once per week on a rotating schedule.

**Session I 6:00 – 6:40**  
**Session II 6:45 – 7:25**

Team rosters and schedules will be posted on the Chenango Valley Facebook page and emailed to a parent/guardians email address if one is provided. For more information: visit Chenango Valley Softball on Facebook, or email [ecoleman@cvcvsd.stier.org](mailto:ecoleman@cvcvsd.stier.org).

### 2014 "Kid's Night Out" Registration Form for children who are 4 & 5 years old/Pre-K & Kindergarten

Player \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_ DOB \_\_\_/\_\_\_/\_\_\_  
Address \_\_\_\_\_

Shirt Size: (Circle One) YM YL S M L

#### Parent/Guardian Information

Name \_\_\_\_\_ Name \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell \_\_\_\_\_  
Email \_\_\_\_\_ Email \_\_\_\_\_

In the case of an accident or serious illness, I request that I be contacted. If the school is unable to reach me, I hereby authorize the school to call the physician indicated below and to follow his/her instructions. If it is impossible to contact this physician, the school may make whatever arrangements seem necessary.

Signature \_\_\_\_\_ Date \_\_\_\_\_

#### Emergency Contact

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Telephone \_\_\_\_\_

#### Physician Information

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Telephone \_\_\_\_\_

(please include \$25 for CV resident; \$35 for non-resident, and make check payable to CV Softball)

Mail to: Eric Coleman, Chenango Valley High School, 221 Chenango Bridge Road, Binghamton, NY 13901



## Elementary - Chenango Bridge



Tamara Ivan, principal,  
Chenango Bridge

I hope the winter months find you staying warm and keeping active mentally and physically. Chenango Bridge has been doing just that. Academically, we have been working hard to prepare students to meet the required standards and upcoming exams. One benchmark we use is called AIMSweb. It is a universal screening system that provides indicators and intervention proposals to help each student be successful. We administer the screening three times a year in math and ELA and analyze the results to help us provide the best instruction possible.

We have also recently administered the Common Periodic Assessment exams in ELA and math. These exams were designed in the region to mirror portions of the upcoming NYS ELA and math exams. They are stand-alone assessments based on the Common Core and are given in grades three through eight. The exams are used to help students become familiar with not only the test structure, but the whole testing process. The results should also provide data to better predict our students' performance on the state tests, thus allowing us to adjust our instruction accordingly.

Additionally, CB has been working hard to provide cross-curricular instruction in a variety of areas. Students often combine social studies and ELA, such as in sixth grade, when they read a novel, write about it and create a project on the Egyptians. In fourth grade, the ABC Books are filled with cross-discipline projects such as maps, poems, charts, etc. Fifth grade recently combined science and ELA by reading and analyzing science-based articles. Even our physical education classes taught by Mrs. Terry Price are cross-curricular. Students are currently participating in a rhythm and drumming unit which combines fast-paced drumming and movement with upbeat songs and even math facts. Since there are only a handful of people trained in this activity, we are grateful for Mrs. Price's expertise. It's truly amazing just how creative people can be.

For now, keep warm, stay active and enjoy the winter months.

- Tamara Ivan, CBE principal

### Concert re-scheduled



The Grade 4 Chorus Concert originally scheduled for January 29 has been re-scheduled for February 12 at 7 p.m. at Chenango Bridge Elementary School.

### Coming up at CB

- 2/11 - Jared Campbell Performance at HS, 1-2 p.m.
- 2/12 - Grade 4 Chorus Concert at CB, 7 p.m.
- 2/13 - African Dance performance, all grades, 2 p.m.
- 2/13 - Valentine's Day Dance - sponsored by CVHS Honor Society from 3-4:30 p.m.

2/14-17 - Winter Break

### Ready for battle



Connor Frey and Sarah Shafer show off the Aztec battle shields they created as part of a unit in Miss Smith's fifth-grade class.

## Elementary - Chenango Bridge



### Reading Promise winners

Pictured at left are the winners of our CBE Nook Contest for the Reading Promise. The students were asked to write an essay, with illustrations, describing why their reading promise time is special.

Front, l-r: Nook winners Jordyn Gill, grade 5, and Skylar Allen, grade 6. Back, l-r: Justin Wardell, grade 4 - winner of \$15 card to Barnes and Noble, Mrs. Vesce, Miranda Rogers, grade 5 - winner of \$25 gift card to Barnes and Noble, Principal Mrs. Ivan, Vincent Tatich, grade 6 - winner of \$10 card to Barnes & Noble.

And if you look closely at the photo, you can spot little Madeline, Mrs. Vesce's daughter, who snuck her way into the photo!

### Drums Alive!





# Middle School



Eric E. Attleson, principal  
CV Middle School

Although it is freezing in the Southern Tier, the Chenango Valley Middle School is ablaze with activity. Teachers and staff have been working very hard with your children to provide the best educational experience possible. Over the course of this school year, your son/daughter may have come from school saying they had to take another "test." As a parent, I am hearing the very same thing from my middle school and elementary children. Our students are using so many acronyms with regard to testing, that it can be confusing to understand what these tests are and how they help prepare our students.

There are two different assessments called Common Periodic Assessments (CPA) and the AIMSweb Assessment, that are utilized to prepare your child for the state tests in mathematics and English Language Arts (ELA). The Common Periodic Assessments (CPA's) have been created by local teachers throughout our area, and are aligned with the New York State Common Core Learning Standards adopted in the 2012-2013 school year by the NYS Education Department (NYSED). The CPA's parallel the NYS math and ELA assessments our students will be taking in April and May. These are fairly short assessments, taken during one class period. The CPA's are very useful tools in helping our teachers guide their instruction to fully prepare students for the upcoming NYS assessments.

Like the CPA assessments, the AIMSweb assessments in math and reading assist teachers in identifying areas that need improvement. AIMSweb uses brief assessments, ranging from three to nine minutes in length, for math and reading performance for grades K-8. The data obtained by AIMSweb pinpoints the exact areas of difficulty and provides teachers with information to help individual students in the areas where they specifically need improvement. The district is fully committed to ensuring that your son/daughter is adequately prepared for the NYS assessments. With the use of the CPA's and AIMSweb tests, we believe that your children will be prepared for the upcoming NYS assessments.

On December 20, the day before winter recess, the Middle School held its seventh annual Wellness Day. This was a day of non-traditional education that addressed the whole student, their character, and overall wellness. It was important for our students to take a break from assessments and take some time to experience the many areas necessary to achieve success. Students attended classes in yoga, healthy relationships, nutrition with Chobani Greek Yogurt Company, environmental wellness, cyber identity, stress management, drug and alcohol awareness, and Zumba. Thank you to Mrs. Hubenthal, Mrs. Lally, Mrs. Riquier, and the entire Middle School faculty and staff for making Wellness Day an overwhelming success for our students.

Our students, teachers, and staff are looking forward to the fourth annual Middle School Cardboard Boat Race on Friday, March 14, from 4:30 to 5:30 p.m., which will be followed by the annual Chenango Valley Community Night, from 6 to 8 p.m. The students are working hard to create the winning boat for this very exciting annual event! I look forward to seeing you at the boat race and Community Night. Please do not hesitate to contact me or the school if you have any questions..

- Eric E. Attleson, MS principal

## Upcoming Events in the Middle School:

Friday, Feb. 14 & Monday, Feb. 17	- Mid-Term Break – No School
Wednesday, February 19	- BOE Meeting, 7 p.m. MS cafeteria
Monday, February 24	- Budget Workshop, 7 p.m. MS cafeteria
Wednesday, February 26	- 2 <sup>nd</sup> Annual Math Night, 6:30 to 8 p.m. MS gym.
Thursday, March 6	- 8 <sup>th</sup> grade trip information night & 9 <sup>th</sup> grade orientation, 6:30 p.m. MS cafeteria
Friday, March 7-Sunday, March 8	- CV musical – "Beauty and the Beast"
Friday, March 14	- Supt. Conference Day – No School
Friday, March 14	- 4 <sup>th</sup> Annual Cardboard Boat Race, 4:30 p.m.; Community Night, 6 to 8 p.m.
Monday, March 17	- Budget Workshop, 7 p.m. MS cafeteria
Wednesday, March 19	- BOE Meeting, 7 p.m. MS cafeteria

# Middle School

## Students of the Month - November 2013

**Red Team:**  
Anna Stacey  
Stephen Gehm

**Gray Team:**  
Tyler Benedict  
Na'Kya Cotton

**White Team:**  
Marc Marion  
Jacquelyn Ruf



Photo taken by Eric E. Attleson

Front Row – Anna Stacey, Na'Kya Cotton, Marc Marion  
Back Row – Jacquelyn Ruf, Tyler Benedict, Stephen Gehm

Our Students of the Month "CARE" about CV

- C** - Citizenship
- A** - Attitude
- R** - Responsibility
- E** - Enthusiasm

## Students of the Month - December 2013

**Red Team:**  
James Wyatt  
Alaina Carman

**Gray Team:**  
Travis Kraack  
Calista Smith

**White Team:**  
Hunter O'Connor  
Kara Watson



Photo taken by Eric E. Attleson

Front Row – Travis Kraack, Hunter O'Connor, Kara Watson  
Back Row – Alaina Carman, James Wyatt, Calista Smith



# Middle School

## Wellness Day 2013

On the Friday before the holiday break, our students enjoyed Wellness Day, a fun-filled event that helps students learn how to live a healthy lifestyle.

The day opened with an inspiring presentation by Dr. Chris Xaver, a professor at Tompkins Cortland Community College who has survived multiple hardships and injuries, most notably as a victim of the 2004 tsunami in Thailand. Dr. Xaver encouraged students to follow their passions, be their best selves, and learn to overcome life's inevitable adversities.

Students spent the rest of the day attending a variety of workshops that included Zumba, yoga, healthy relationships, nutrition and more.



Dr. Chris Xaver kept the students attention with her riveting life story.



Zumba is fun for everyone!



Healthy relationships, drugs & alcohol and bullying were among the day's topics..

# Middle School

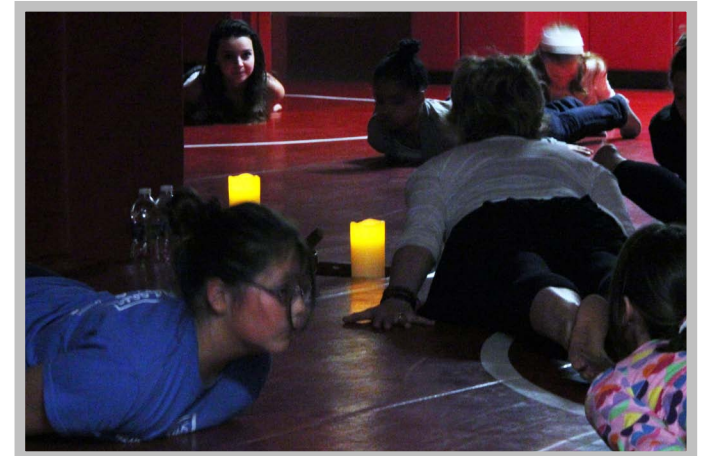
## Wellness Day 2013



A discussion on cyber bullying, identity theft, and appropriate texting and posting.



A healthy nutrition discussion with a representative from Chobani.



Appreciating the calming benefits of yoga.



## High School



Terry Heller, principal  
CV Senior High School

The first semester has come and gone. Students have completed their exams and are moving on to their second semester courses. Most students and faculty are looking forward to the February break. When we return on February 18, we will have approximately 14 weeks of school before our first Regents exam on June 3. Students are encouraged to give their best effort in the classroom now, because June is just around the corner. Time flies when we're having fun!

The CV Drama Club will present "Beauty and the Beast," March 7, 8 and 9, 2014. Students have been practicing and rehearsing for the past few months. Don't miss this production -- see the final result of all their hard work. You'll surely be impressed with our talented students.

As always, if you have any questions, please feel free to contact me.

- Terry Heller, HS principal

## Yearbook Corner



### Attention parents of seniors:

Please send in any baby pictures or group photographs (then and now) that you would like to be considered for inclusion in the yearbook. All submissions are due to Mr. Ruf in the HS library by February 28. Please clearly mark your photographs, identify students and let us know if you want the photo returned.

**Senior ads:** There is still time to let your graduating seniors know how proud you are of their accomplishments. Anyone who would like to place a senior ad in the yearbook should contact Mr. Ruf at [cruf@cvcgsd.stier.org](mailto:cruf@cvcgsd.stier.org). Deadline is February 28.

**Yearbook sales:** Price for the yearbooks has now increased to the late rate of \$75. There are a limited number of yearbooks available so if you intend to purchase one, please don't wait.

## Childrens' librarian shares expertise with FACS students

Youth Services/Outreach Manager Starr Latronica of the Four County Library System in Vestal recently visited Mrs. Terwiliger's child psychology class to discuss children's books and their effect on language development.

Mrs. Latronica, who is also currently President of the Association for Library Service for Children, explained the importance of reading to children from the very beginning of their lives to get them used to your voice and language patterns.

"Reading to children introduces words they wouldn't necessarily hear otherwise," she said. "It helps them understand how language works. When you read to children, they start to understand how sentences come together."

She also discussed how to choose the best books for children, noting that children like predictable patterns and books with cumulative stories that repeat elements and add to them, as in "The House that Jack Built." Props and activities that go with a book are also effective, since children like to feel as if they are part of the story.

Latronica's presentation was extremely helpful to the students, who are each creating their own children's book as a final project for class.



## High School



Zach Wyatt demonstrates the machine he and partner Jacob Rossie created that used different types of energy to break an egg.

## Students break eggs the hard way Energy transfers create chain-reactions

Air from a small fan blows down a line of dominoes, which then:

- knocks a little rubber ball into a toy dump truck, which then:
- rolls down a ramp and hits a mousetrap, which then:
- activates a power strip, which then:
- turns on the music (Miley Cyrus "Wrecking Ball") and a soldering iron, which then:
- heats up and burns through a string, which then:
- releases a "wrecking ball," which then:
- smashes into a raw egg taped to a wall, just as Miley sings "Wrecking Ball."

Wow. This impressive chain of events was one of several "Rube Goldberg" projects created by students in Mrs. Korn's advanced physics class and enriched physics classes. A "Rube Goldberg" is defined as a chain-reaction apparatus that performs a simple task, such as breaking an egg, in a complex fashion.

Working in pairs or small groups, the students spent several months hypothesizing, planning, testing, adjusting (and stressing about) their projects. They were required to build a machine that used five different energy transfers, including three types of energy, in order to break an egg.

The following article was written by junior Abby Stevenson, who visited Elmira State Prison as part of Mr. Krause's business law class.

## Prison visit is an eye-opener

Is getting in trouble really worth going to jail for? As a class, the Chenango Valley Law Class went to the Elmira State Prison to answer this question. We observed the life of inmates, and even talked one on one with a few, to get the idea of what being in prison is really like. Some may answer the question and say it is not worth messing up and going to jail, and some may not care.

The very first thing I noticed at Elmira was the amount of security. They really crack down on making sure that nothing gets smuggled into the inmates and that nothing from the inmates leaves the prison.

When first entering the part of the prison the cells are in, you see some of the trustees, which are prisoners who are on well behavior and help out around the place. There are not too many of them though. While walking past the cells, we got to see what they live with, which isn't much.

The inmates aren't allowed to have a lot of personal things, at least that's how it looked. Not many had things other than toiletries, personal care items, and maybe a TV or radio. In order to get a TV, the inmates have to give something up, like getting packages. While getting a tour around the prison, I personally learned a lot of things.

I learned that the inmates out-number the officers by a lot. Anything can go wrong in a number of seconds. The inmates can go and buy things from their "store" like food, toiletries, etc. On the way back to your cells, a lot of people ended up losing some of their things because people take them forcefully from them. Inmates who don't get money and want something, will most likely do whatever they can to get what they want.

While in prison, you have NO privacy. There is absolutely no such word of it. I'd say 99% of us need our privacy, and if we don't get it, we get pretty upset. The inmates also don't get the best food around. While having the tour, we got to try the prison food, although it wasn't terrible, it wasn't completely good either. I will no longer take fast-food for granted.

During our one-on-ones with the inmates, I learned that even if you do something uncalled for, for a good cause, you still did something wrong, and probably immoral. After we talked, and they asked us some person questions, the inmates stood up and told everyone what we said. This gave us a little reality check about how what we do now will catch up with us eventually if we don't change.

I believe that after my visit to the Elmira State Prison, I have decided that staying out of trouble and not going to jail is the best idea. One thing that really stuck with me is when one of the inmates said "While you guys get to go home and do whatever it is you do, we're stuck in here. This is our home!" And that made me realize, I don't want prison to be my home. Ever.



**Chenango Valley**  
 Central School District  
 221 Chenango Bridge Rd.  
 Binghamton, NY 13901

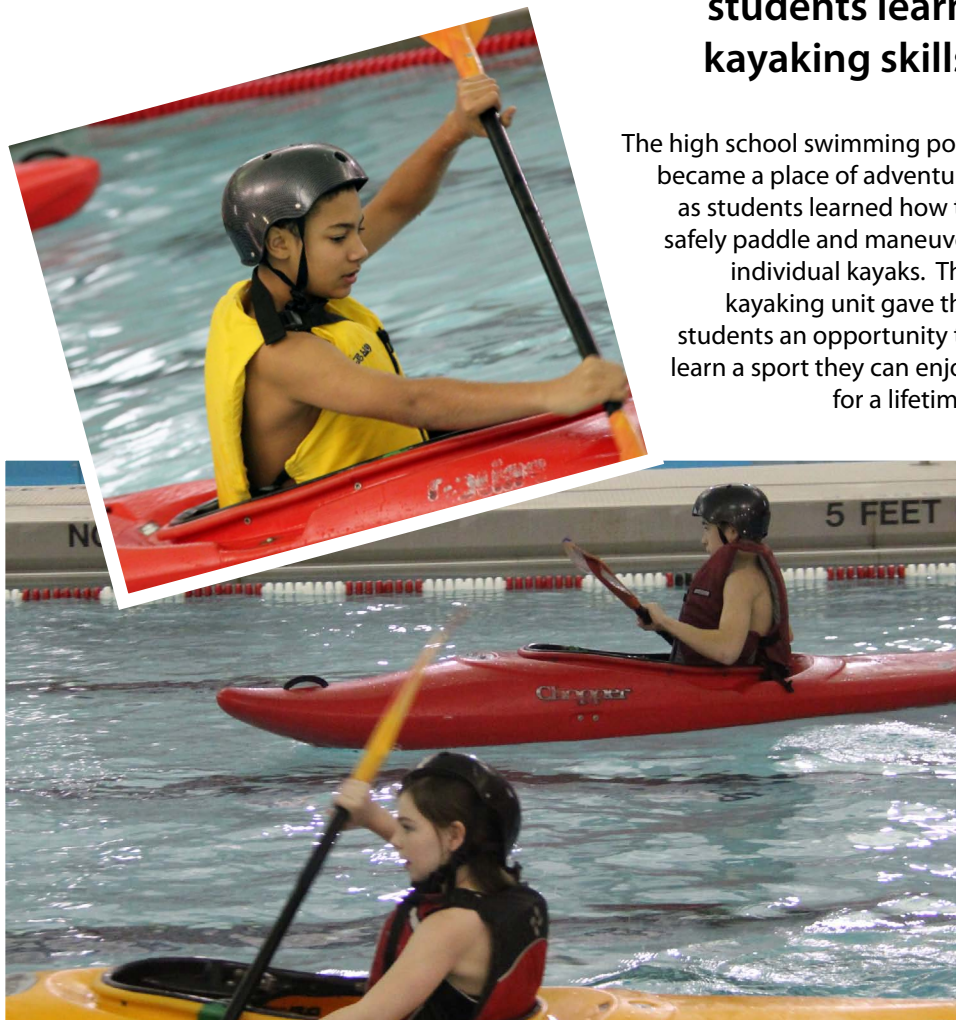
Non-Profit  
 Organization  
 U.S. Postage  
 PAID  
 Permit No. 237  
 Binghamton, NY

**Believe It! Achieve It! At Chenango Valley where Warriors Excel!**

**Pool Paddling**

**Middle School students learn kayaking skills**

The high school swimming pool became a place of adventure as students learned how to safely paddle and maneuver individual kayaks. The kayaking unit gave the students an opportunity to learn a sport they can enjoy for a lifetime.



**Directory**

Website .....	www.cvcasd.stier.org
CV School District Main Number .....	762-6800
Board of Education	
Gerald G. Abbey Jr., Pres. ....	722-5474
Jason Aurelio.....	237-0263
James DeGennaro, Vice Pres.....	773-8078
Stuart W. Elliott .....	648-6061
John Hussar.....	773-8196
Terrence M. Kane.....	648-4499
Lynn M. Kaufman .....	221-6240
Eric Rifenburg .....	348-4294
Maureen A. Roberts .....	724-3621
Interim Superintendent of Schools	
David Gill.....	762-6810
Interim Assistant Superintendent of Schools	
Mary Beth Hammond.....	762-6811
District Clerk	
Susan Cirba .....	762-6812
Offices	
Athletics.....	762-6904
Food Service.....	762-6840
Guidance.....	762-6918
Special Education Department .....	762-6830
Transportation Department .....	762-6850
Schools	
Port Dickinson.....	762-6970
Attendance .....	762-6977
Health Office.....	762-6976
DASA Coordinator, Jim Pritchard .....	762-6970
Chenango Bridge.....	762-6950
Attendance .....	762-6954
Health Office.....	762-6952
DASA Coordinator, Tamara Ivan .....	762-6950
Middle School.....	762-6902
Attendance .....	762-6931
Health Office.....	762-6911
Homework Hotline – Grey .....	762-6870
Homework Hotline – Red.....	762-6872
DASA Coordinator, Eric Attleson .....	762-6902
High School .....	762-6900
Attendance .....	762-6931
Health Office.....	762-6911
DASA Coordinator, Terry Heller.....	762-6900

The mission of the Chenango Valley School community is to provide educational opportunities to promote maximum learning potential for personal growth and social responsibility.